



NORTH DAKOTA
PREVENTION
RESOURCE AND MEDIA CENTER

Clearinghouse Catalog

Updated September 2013



The North Dakota Prevention Resource & Media Center (PRMC) is a leading source of **FREE** substance abuse prevention efforts, information, and resources in North Dakota.

How to order:

Order online at www.nd.gov/dhs/prevention
Email ndprmc@nd.gov
Call 701-328-8919

Sign up for the **PREVENTION E-NEWSLETTER** and receive updates on new resources and the latest news regarding substance abuse prevention.
Sign up at: www.nd.gov/dhs/prevention.

Visit our website to see the
DVDs, Games, and Kits
available to borrow...
www.nd.gov/dhs/prevention

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PAMPHLETS/HANDOUTS: ALCOHOL



Alcohol: Dying for a Drink

Audience: High School, College, Adult

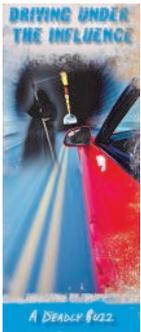
PS35



Binge Drinking: Too Much, Too Fast

Audience: High School, College, Adult

PS7



Driving Under the Influence: A Deadly Buzz

Audience: High School, College, Adult

PS7



Drinking and Driving Calculator

Audience: High School, College, Adult

PS8



A Culture of Drinking and Driving: ND Data Brief ***NEW**

Audience: Adult

Click on image for PDF



Where's the Party? (For teens)

Audience: Middle School, High School, College

PS10

Click on image for PDF



Where's the Party? (For parents)

Audience: Adults

PS11

Click on image for PDF

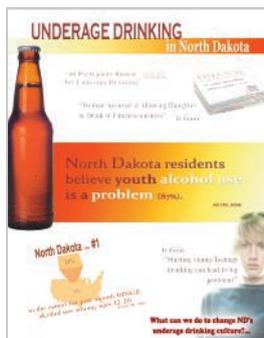
PAMPHLETS/HANDOUTS: ALCOHOL



Underage Drinking: Out of Control

Audience: Middle School, High School, College, Adult

PS9



A Culture of Drinking and Driving: ND Data Brief **★NEW**

Audience: Adult

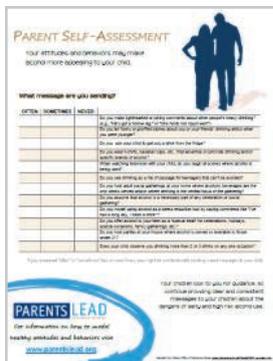
Click on image for PDF



Pregnancy and Alcohol: The Wrong Choice

Audience: Middle School, High School, College, Adult

PS12



Parent Self-Assessment: Role Modeling **★NEW**

Audience: Adult

Click on image for PDF



30-Day Parent Challenge Handout **★NEW**

Audience: Adult

Click on image for PDF



Keep Talking: Conversation Starters **★NEW**

Audience: Adult

Click on image for PDF

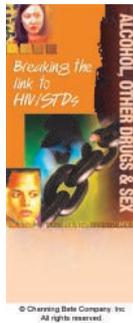
PAMPHLETS/HANDOUTS: ALCOHOL AND DRUGS: GENERAL



Recovering From Addiction: You Can Do It!

Audience: High School, College, Adult

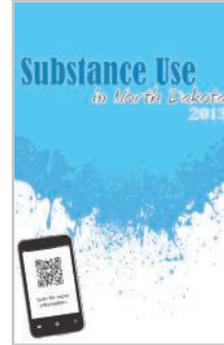
PS1



Alcohol, Other Drugs and Sex: Breaking the Link to HIV/STDs

Audience: High School, College, Adult

PS3



Substance Use in North Dakota 2013 **★NEW**

Audience: Adult

BS100

Click on image for PDF



Alcohol, and Energy Drink Mixtures: Dead Asleep Before You Know It!

Audience: Middle School, High School, College, Adult

PS2



Pregnancy and Drugs: Addicted at Birth

Audience: Middle School, High School, College, Adult

PS14



Drugs of Abuse

Audience: Middle School, High School, College, Adult

PS13



Cool Under Pressure: Saying "No" to Drugs, Alcohol, & Tobacco

Audience: Middle School, High School, College

PS34



What to Say Playing Cards

Audience: Elementary, Middle, and High School

PS42

PAMPHLETS/HANDOUTS: PRESCRIPTION AND OVER-THE-COUNTER DRUGS



Prescription Drug Abuse is a Growing Problem—Safeguard Your Meds ★NEW
Rack Card

Audience: Adult

PS37

Click on image for PDF

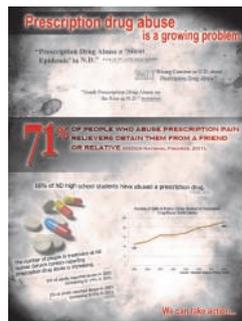


Prescription Drug Abuse is a Growing Problem—Safeguard Your Meds ★NEW
Postcard

Audience: Adult

RX-POSTCARD

Click on image for PDF



Prescription Drug Abuse is a Growing Problem: ND Data Brief ★NEW

Audience: Adult

Click on image for PDF



Prescription Drugs: Not What the Doctor Ordered

Audience: Middle School, High School, College, Adult

PS22



Ritalin: Info to Go

Audience: Middle School, High School, College, Adult

PS24



Over-The-Counter Drugs: Danger in the Medicine Cabinet

Audience: Middle School, High School, College, Adult

PS25



**Cocaine & Crack:
Blinded by Blow**

Audience: Middle School,
High School, College, Adult

PS17



Ecstasy: The Party is Over

Audience: Middle School,
High School, College, Adult

PS18



Heroin: A Killer High

Audience: Middle School,
High School, College, Adult

PS21



Meth: The Ugly Truth

Audience: Middle School,
High School, College, Adult

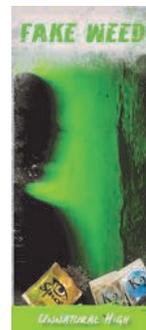
PS20



Marijuana: Light Up, Burn Out

Audience: Middle School,
High School, College, Adult

PS15



Fake Weed: Unnatural High

Audience: Middle School,
High School, College, Adult

PS16



**Synthetic Drugs : Designer
Danger ★NEW**

Audience: Middle School,
High School, College, Adult

PS40

PAMPHLETS/HANDOUTS: OTHER DRUGS



Hallucinogens: A Bad Trip

Audience: Middle School,
High School, College, Adult

PS27



Party Drugs: Killing the Fun

Audience: Middle School,
High School, College, Adult

PS29



Steroids: Pumping Poison

Audience: Middle School,
High School, College, Adult

PS31



Inhalants: Chemical Hazard

Audience: Middle School,
High School, College, Adult

PS30



Tobacco: Nicotine Nightmare

Audience: Middle School,
High School, College, Adult

PS33



Dealing with Stress: Without Drugs, Alcohol, or Tobacco *NEW

Audience: High School, College, Adult

PS41



Bullying: Cruel Intentions

*NEW

Audience: High School, College, Adult

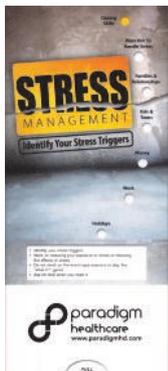
PM52



Military Suicide: Fallen Heroes *NEW

Audience: College, Adult

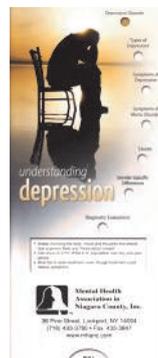
PM53



Stress Management: Identify Your Stress Triggers *NEW

Audience: High School, College, Adult

PM51



Understanding Depression

*NEW

Audience: High School, College, Adult

PM50

PAMPHLETS/HANDOUTS: PROBLEM GAMBLING



Gambling and Recovery: It's Not Too Late ***NEW**

Audience: High School, College, Adult

PM67



Youth Gambling: What's the Big Deal? ***NEW**

Audience: High School, College, Adult

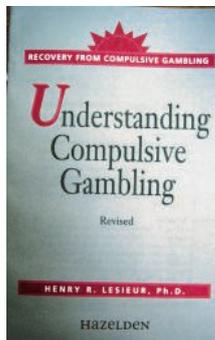
PM68



Older Adults and Gambling: Risking Your Retirement ***NEW**

Audience: Adult

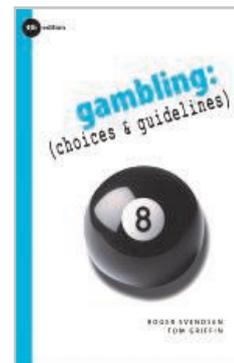
PM69



Understanding Compulsive Gambling

Audience: College, Adult

BM151



Gambling: Choices and Guidelines

Audience: High School, College, Adult

BM154

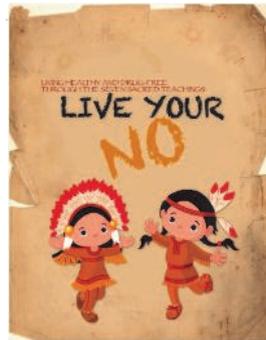


Problem Gambling

Audience: College, Adult

PM62

ACTIVITY BOOKS/TEMPORARY TATTOOS/BOOKMARKS



 **Live Healthy and Drug Free through the Seven Sacred Teachings**

***NEW**

Activity Book

Audience: Grades 4-6

AS204

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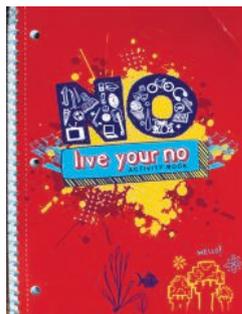


Activity Book

Audience: Grades PreK-3

Only available online

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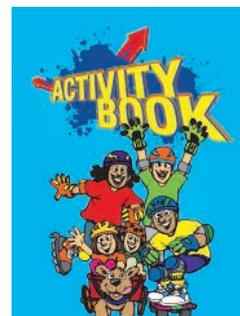


Live Your 'NO' Red Activity Book

Audience: Grades PreK-3

Only available online

Click on image for PDF

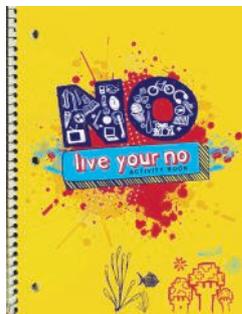


Activity Book

Audience: Grades 4-6

Only available online

Click on image for PDF



Live Your 'NO' Yellow Activity Book

Audience: Grades 4-6

Only available online

Click on image for PDF



Guidelines for Responsible Alcohol Use Bookmark

Audience: Adult

BMS702



Take A Closer Look.

Take A Closer Look Temporary Tattoo

TS403



Live Your NO! Temporary Tattoo

TS404



Medicine Wheel Temporary Tattoo

TS405

POSTERS



Take A Closer Look
(11"x17")

Audience: Adult

PRS609

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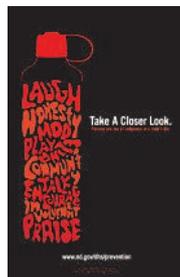


Take A Closer Look
(11"x17")

Audience: Middle School,
High School, College, Adult

PRS610

Click on image for PDF



Take A Closer Look ... Parents are the #1 influence in a child's life.
(11"x17")

Audience: College, Adult

PRS615

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Parents LEAD: Dad ★NEW
(11"x17")

Audience: Adult

PRS618



Parents LEAD: Mom ★NEW
(11"x17")

Audience: Adult

PRS619



Where's the Party?
(11"x17")

Audience: Middle School,
High School, College

PRS607

Click on image for PDF



Where's the Party?
(11"x17")

Audience: Adult

PRS608

Click on image for PDF



Where's the Party?
(11"x17")

Audience: College

PRS606

Click on image for PDF



Prescription Drug Abuse is a Growing Problem: Safeguard Your Meds *NEW
(8.5"x11")

Audience: Adult

PRS617

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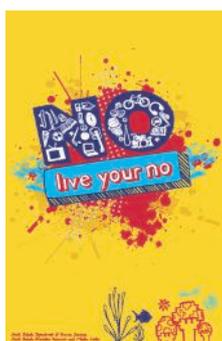


Prescription Drug Abuse is a Growing Problem *NEW
(11"x17")

Audience: Adult

PRS616

Click on image for PDF



Live Your NO!
(11"x17")

Audience: Preschool, Elementary School

PRS611

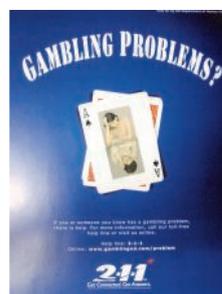
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Sober Spirit
(17"x23")

Audience: Middle School, High School, College, Adult

PRS601



Gambling Problems?
(8.5"x11")

Audience: High School, College, Adult

PRS614

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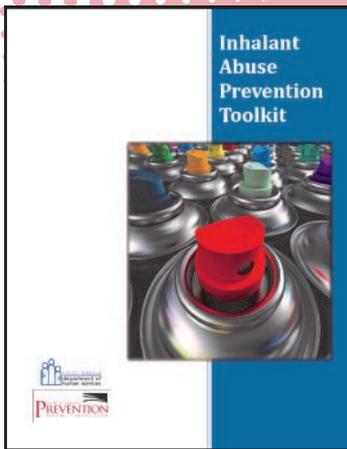


Drugs of Abuse

Audience: Middle School, High School, College, Adult

PRS605

TOOLKITS



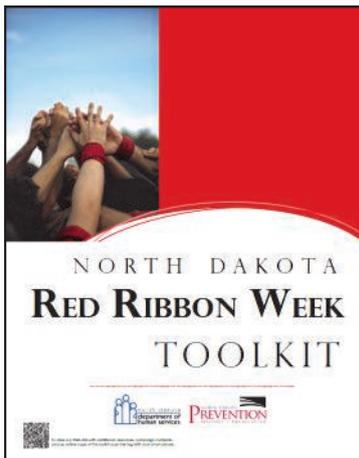
North Dakota Inhalant Abuse Prevention Toolkit

Audience: Adult

INH1

Click on image for PDF

The Inhalant Abuse Prevention Toolkit includes easily reproducible handouts for parents, tips to limit access to abusable products, activities for youth, and ideas for initiating school, facility, and community wide change.



North Dakota Red Ribbon Week Toolkit

Audience: Adult

RRW1

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The Red Ribbon Week Toolkit is designed to assist schools and communities with year-round local alcohol and other drug prevention efforts. The toolkit includes information on planning special events, tips and suggestions for classroom activities, strategies for communities/businesses to implement, and more.



North Dakota Prescription Drug Abuse Prevention Toolkit ***NEW**

Audience: Adult

RX1

Click on image for PDF

The Prescription Drug Abuse Prevention Toolkit is available with tips and ideas for implementing substance abuse prevention efforts in your school, business, and community. The toolkit includes signs and symptoms of prescription drug abuse, ideas and tips for local prescription drug abuse prevention efforts, information on gaining media exposure, and more.



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